

NEW STUDENT REGISTRATION



Name _____ Phone _____
Street _____ City _____ State _____ Zip _____
Date of birth _____ Email _____
Injuries/Ailments _____

Emergency contact (Name) _____ (Phone) _____

How did you hear about us? Internet Radio BYA postcard
 Family/Friend (please print name) _____

Please read and agree to the following by signing below:

- I have been examined by a licensed physician within the past six months and have been found by such physician to be in good health and fully able to perform all Yoga exercises which I am to learn and perform during my enrollment with you.
- I will faithfully follow all instructions given to me by Bikram Yoga Avondale instructors as to when, where, and how to perform and not to perform Yoga exercises, it being understood that any deviation by me from such instructions shall be at my own risk.
- I will not hold you, your partner, instructors, or employees responsible for any injuries suffered by me caused in whole or in part by my failure to faithfully follow the instructions of your certified instructors or by any physical impairment of mine not fully disclosed to you in writing.
- I will inform the instructor before class of any injuries or medical conditions that I may have.
- The tuition paid is non-refundable and non-transferable. Expiration dates cannot be extended. Prices and specials are subject to change without notice.
- I understand Bikram Yoga Avondale is not responsible for any lost or stolen items.

Signature _____ Date _____

New Student Checklist

Please read and initial each line

- The studio will open 30 minutes prior to class and close 30 minutes after class.
- Be on time! There is no late admittance and no early dismissal.
- ALL students must sign in at the front desk every visit.
- Mats are centered over one of the brown lines in the yoga room, towel over your mat, and water next to your mat.
- Notify the teachers of any medical issues or injuries that we should be aware of.
- There is no talking in the yoga room before, during or after class.
- No cell phones, shoes, socks, watches, keys, purses, gum, food, etc., in the yoga room.
- Water is the only beverage allowed in the yoga room.
- Deodorant is great; strong perfumes and lotions are not.
- Take your 2nd class within 24 hours.
- Every class is 90 minutes long.
- **HAVE FUN!**